Remimeo

THE IMPORTANCE OF HAVINGNESS

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A careful study of staff auditors' reports reveals that the only advances worthy of the name of Scientology occur when the auditor repairs or remedies havingness on the preclear. Without the repair and remedy of havingness no real gains become apparent. A preclear will not progress when his havingness is impaired.

What are the symptoms of loss of havingness? Running any as-ising techniques the preclear may become anaten, slightly nervous, agitated, want a cigarette, or seem to break out of the session in some fashion. In either case, he is "down on havingness". In other words he has burned up, used up, or as-ised, too much of his physical body energy in the auditing itself. In view of the fact that every subjective technique puts a sort of hole in the middle of the electronic mass surrounding a preclear, parts of that mass then begin to cave in on the preclear. Thus running an as-ising technique on a preclear beyond the ability of the preclear to sustain the consequent loss of havingness will bring on in the preclear many new engrams which he did not have before. A technique which as-ises energy, if used without a repair or remedy of havingness, will bring about a worsening of the case of a preclear.

Now exactly what is happening is very simple. A pre-clear starts to go anaten and the auditor keeps on running the process. He hasn't realised that he ought to interrupt a process at any time if the preclear demonstrates a loss of havingness. Anaten is such a demonstration of loss of havingness. All right, another example: the preclear becomes agitated or upset; he reaches for a cigarette; he begins to twitch; his foot begins to wobble; he begins to talk excitedly; he begins to cough while being audited. All of these things demonstrate a loss of havingness. These same conditions by the way, can result from the preclear believing that the auditor has broken the auditor's code in some fashion or has overcome his power of choice. Both a repair and remedy of havingness are immediately indicated on the observation of anaten or agitation on the part of the preclear. In addition the auditor should carefully go over the session itself to find out, if anywhere, the preclear believed his power of choice was being overcome, or if the preclear believed the auditor's code had been broken. You understand that the auditor didn't necessarily have to overcome the preclear's power of choice or break the auditor's code in order that the preclear should believe that this had happened. However, this could be overlooked entirely if the auditor had been careful enough to repair or remedy the havingness of the preclear.

The slightest drop of alertness on the part of the preclear, or the slightest agitation or somatic, should immediately indicate to the auditor that havingness has dropped and must be immediately repaired or remedied. A

great deal of time can be spent on the subject of repair
and remedy of havingness, and it is time spent with
great benefit. It is better to "waste" time spent
repairing and remedying havingness than to blunder on
through. Now there is another thing I have noticed with
regard to this. Auditors are running these days toward
cognition. Very well, if they expect a preclear to cognite
they should not expect him to pull in a bank upon himself.
If an auditor runs a very obvious process which should
bring the preclear toward cognition, runs it several
auditing commands and then stops and repairs and remedies
the preclear's havingness, and then after that asks him
the same auditing question two more times, he will
discover that he has blown a cognition into view. In
other words you could remedy the havingness of a preclear
while his mind was on one particular subject and bring
a cognition into existence.

This becomes particularly important today, since a
few months ago I discovered that you could remedy the
havingness of anybody, and I mean just that!! You can
remedy anybody's havingness and you can turn on mockups on
anybody. In view of the fact that the preclear who has
a black field can be caused to mock up blacknesses
or invisibilities and shove them into his body brings
us into an era of being able to make anybody turn on mock-
ups. By getting the preclear to postulate that the mocked
up blackness is bad for the body, will cause that blackness
to snap into the body. By getting the preclear to
postulate that the invisible mass he has mocked up is
bad for the body it will snap into the body. Of course,
after this has been done a few times, the consideration
of the preclear will change. Then perhaps the blackness
or invisibility will only snap in when the preclear
postulates that it is good for the body. He may also
have a residue left. It is very important to get rid of
these repair and remedy of havingness residues. By
various postulates such as that the residue is a threat
to the body: it is good for the body; it is bad for
the body, the residue too will snap in.

Let's differentiate at once here the difference
between a repair of havingness and a remedy of havingness.
We used to call repair of havingness "giving him some
havingness". It needs a better technical term.   Therefore
let us call this "Repair of Havingness". It means having
the preclear mock up anything he can mock up, and in any
way it can be done get him to shove (never pull) that
mock up into the body, and by similar means to get rid of
the residue which went along with the mockup. That is
a repair of havingness. It is a one-way flow; it is an
inflow.

Now a remedy of havingness is getting him to mock up
and shove into the body enough masses to bring him to a
point where he can eventually throw one away. In other
words repair of havingness is simply having him mock up
things and have him shove them into the body and a remedy
of havingness is having him mock up and shove in and
throw away the same type of mock up. Remedy of hav-
ingness is always a superior operation to a repair of
havingness. Repair of havingness is a very crude stop-gap,
but can be used any time. However, a preclear who is
working well, and on whom havingness can be remedied,

should, at all times, have his havingness remedied, not repaired. In other words any type of mock up should be both shoved into the body and mocked up and thrown away. This should be done in considerable quantity until the preclear is quite relaxed about that particular type of mock up. One does this, remember, every time the attention of the preclear drops, or he becomes agitated.

There is one other little point connected with this which is quite important, and that is auditors very often audit a preclear into an area of time when the preclear exteriorised. This, on a preclear who does not exteriorise easily, brings on a considerable grief and sadness. The way to get rid of this is, of course, to remedy the preclear's havingness or only repair it, and to ask the preclear to recall times when he was not exteriorised. This will bring up at once times when he did exteriorise and where fear of exteriorisation was built up considerably.

I have noticed another special condition regarding this exteriorisation phenomena which is quite important. A preclear will occasionally repair and remedy havingness up to a point where the body disappears for him. He doesn't quite know where to put the mass he has mocked up since he cannot find the body. This is particularly true of preclears who have a very low threshold on havingness. An auditor would be stupid indeed to simply plow along beyond that point where the preclear has already said that he couldn't find any body to push any havingness into. The moment the preclear does that the auditor should suspect that the preclear has gotten into an exteriorisation type incident. It is not, however, necessary that he immediately flounder around and try to find this incident as recommended in the paragraphs just above. He can also repair and remedy havingness in this fashion, and it is very important to know this. Although it is disastrous for a preclear to be asked "What could your body have," since he will simply strip the bank of various old facsimiles, it is a very, very good repair of havingness to ask a preclear "What is there around this room (area) which your body could have," and then have him pick out specific objects in the environment which he says the body could have. If he does this he will come up the gradient scale of havingness, and his havingness will be repaired immediately or directly on the Sixth Dynamic. A preclear who cannot get mock ups and where the auditor has either been too clumsy to get the preclear's mock ups turned on, or it really was impossible, more or less, the preclear's havingness can be repaired by having him do this process. So this is a very, very important process, and one that ought to go down in red letters.

This whole subject of repair and remedy of havingness and its effect upon auditing, and the fact that it has not been stressed at all in training, being up there at level six in the old Basic Processes, brings us to SLP Issue 8. The entirety of level one in SLP 8 will be devoted to the repair and remedy of havingness.

In SLP Issue 7 we have a great many phenomena associated with the remedy of the body's havingness. The reason for their position is to bring about an adjustment of the condition of the body before one goes on to other and more complicated ways of processing.

Now, in Issue 8, all of these various things will be
retained, but they will be paralleled with a complete
remedy of havingness and that particular level of SLP will
be gone over. In actual experience it is better to
remedy the havingness of a preclear, no matter where he
is on the tone scale, and no matter by what process, than
to run any significant process. Further, if a preclear
cannot at least repair his havingness, to run Waterloo
Station is to invite disaster because in this particular
process of level 2 he is liable to get himself into a "down
havingness" situation and of course will not be able to
not-know anything. He may be chewing up too much energy
or trying to not-know. Thus we would have the failures
which have occasionally occurred in Waterloo Station.
They were simply havingness failures, not a failure of
Waterloo Station. Further there has been a new command
suggested for Waterloo Station: "What would you be
willing to not-know about that person?"   This seems to
be a better command, at least for the British Isles.

We also take care of the vacuums and separatenesses
and everything else with repair or remedy of havingness
and running it in with certain other things, such as
problems, etc. When we discover by two-way communication
a weak universe, we could then ask the individual preclear
"Invent a problem that person (weak universe) could be to
you."   Then, watching him very carefully, and repairing
his havingness on the subject of that person's possessions,
get a very rapid separation of universes. I have noticed
that the weak universe came about when the person elected
by the preclear to be a weak universe first began to put
most anchor points around the preclear. In other words,
valuable presents. I am as pleased as can be to get a
finger on this point and I know well that if east, west,
north and south, would begin to repair and remedy
havingness, and stop specialising in significances, without
repair or remedy of havingness, we are going to start
shooting people up to the top of these Scientometric
graphs. We can't help it. Let me call your attention
specifically to the old phenomena of the emotional scale
and the engram. We find out that when one engram was
keyed in it fixed the emotional tone of the individual.
Then we had him run this and as he converted the engram
to usable havingness, we found that his tone rose. We
discover on these Scientometric charts that the "unhappy"
section does not move if we don't change the mass of the
preclear.

SACRIFICES

The latest news from the research front has to do with
the fact that the GE demands and requires and has to have,
evidently, sacrifices. The GE does not run on an overt act-
motivator sequence, which makes one suspect he is not a
thetan.   A GE runs exclusively on being sacrificed to.
If you have the preclear mock up sacrifices to the GE, you
will find these become very readily assimilated. On a lower
level the body accepts motivators; as soon as it is through
this motivator band, it accepts sacrifices and finally comes
up to a point where it will accept live bodies. When one
considers that eating is entirely a matter of absorbing death,

one sees this death hunger in processing by running
Sacrifices. A person who has had bad legs should have
a sacrifice of legs run on him and so forth. This is
astonishing material. It is almost unbelievable that the
GE will not be sacrificed to anything, but will only be
sacrificed to, and this phenomenon that the GE is thereby
demanding death tells us at once that the Atomic Bomb
will be used and that there are people in the world who
will actually crave this sacrifice of cities and even
nations. Aside from being a fantastically workable process,
more of which anon, this matter of sacrifices tells us at
once a great deal about the future. There will be no
moral restraint where the Atomic Bomb is concerned. For
about the highest level in some areas of the world is, to
case, "operating GE." This tells us, too, why soldiers
will go to war. This explains a great deal of conduct.
The GE evidently operates on the postulate that as long
as anything else is alive it can't live. However, it is
becoming more and more doubtful that there is any more
life in the body than the thetan puts there, and that the
body is a single machine operating on some implanted
postulate contained in the energy masses which are activated
by the thetan somewhat on the order of the old "pole"
theta trap. Many of these considerations can be changed
around rather easily. Nothing changes them quite so fast
as these sacrifice processes. In mocking up sacrifices
the auditor should use all the skills of creative processing
and ensure that the preclear is actually mocking up and
is not dragging in old facsimilies from the bank and
restimulating genetic line incidents. This can be obviated
by having the persons in the mock ups dressed in modern
clothing; mocking up the incident as happening tomorrow;
altering the mock up in some manner, such as turning the
face green or something of this nature. Any reasonable way
in which you can ensure that you are dealing with mock ups
and not past track facsimilies.

This gives auditors another tool with which to handle
chronic somatics.

There is another process which has a great deal of
workability with chronic somatics. I know that some months
ago and earlier than that it seemed rather fatal to us to
continue to fixate the preclear's attention on the chronic
somatic. But that is not a problem with us right now.
It ceased to be a problem the moment I invented an auditing
command exactly as follows: "Invent a problem that (leg,
arm, nose, eye, body) could be to you." Running this
command, which is in itself a sort of remedy of havingness,
and repairing and remedying the havingness of the preclear
as we go, we will discover that practically any and all
phenomena associated with the service facsimilie will come
away and clear up and the limb, nose or eye will get well.
This can be used as a word of warning: ONLY ON ACTUAL
TERMINALS. Never use this command, and I mean NEVER, on
actual conditions. Never ask him to invent problems
lameness could be to him. Never ask him what problem
blindness could be to him. Lameness and blindness are
conditions. We want to know what problems legs or eyes
can be to him, since legs and eyes are terminals. In
running this command we reduce havingness too rapidly

whenever we are stressing conditions. Therefore we run
it only on terminals.   In running it use only terminals.
Handled in this way we do have the answer as of this
moment, to chronic somatics. With these processes in SLP
and the adequate repair and remedy of havingness we can
push our preclears right up through the top.

                              L. RON HUBBARD
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